



## BENEFITS CHECK

Call the member services number on the back of your insurance card to ask the following questions before booking your appointment. If you have a 3<sup>rd</sup> party administrator, please call them, not the insurance company.

\*\*\*You will want to document the following in case follow up is needed.\*\*\*

**Date:**

**Time:**

**Representative's Name:**

**Reference #:**

The rep will ask you for at least some of the following information:

**PROVIDER**

**Provider Name:** Mary Ellen Banevedes  
**Rendering Provider NPI:** 1558513234

**MARY ELLEN B NUTRITION THERAPY**

**Tax Identification Number:** 92-0976540  
**Group Billing NPI:** 1588372510

**Which type of insurance do you have?**

Fully funded

Self-funded

**What is your benefit period** (when does it start and end; many times it's Jan 1 – Dec 31):

**Does your policy cover these CPT/procedure codes:**

97802 (initial visit) and 97803 (follow-ups)    Yes    No

**Preventative MNT\***

**Does your policy cover “preventative” nutrition counseling?**

*This is not applicable to Medicare.*

Anthem: ask if the following code is covered: Z71.3 – Dietary counseling and surveillance

If not, ask if the following code is covered: Z72.4 Inappropriate diet and eating habits

Aetna & Blue Shield of CA: ask if any of the following codes are covered (1 is enough):

Z83.3 Family history of diabetes

R73.03 Pre-diabetes

Z82.49 Family history of heart disease

E78.0 High cholesterol

E78.1 High triglycerides

I10 High blood pressure enzymes

R74.01 Elevated liver

E78.2, E78.4, or E78.5 – different ways of saying high cholesterol and/or triglycerides and/or low “good” cholesterol

**How many preventative visits are covered?**

\*MNT: Medical Nutrition Therapy

